



Kangen

Water

Go Green With
Kangen

Not all water is created equal. Are you drinking a healthy elixir or dehydrating acidic beverages?



What is Kangen Water?



In Japanese the work Kangen means :
"return to origin"

Kangen Water is produced in your home when simple tap water has been filtered and restructured through ionization.

During this ionization process several important things happen to alter the structure of the water making it more useful for the body.

The Ionization Process:

- **Replaces** water soluble acids with calcium, magnesium, sodium, potassium and trace minerals to create a great tasting alkalized water.
- **Lowers** the electron millivolt (MV) charge of the water creating a negative oxidation-reduction potential (ORP) resulting in true "anti-oxidant" water.
- **Breaks** large water clusters into "micro-clusters" increasing hydration.
- **Aids** in the displacement of acids through the bodies normal channels of elimination including the kidneys, bowel, lymph and skin.
- **Changes** the cell membrane potential allowing a free exchange of fluids in and out of the cells.

Nature has produced "Miracle Waters" in only 5 places in the world. The native people in these areas enjoy long and healthy lives. The secret to these waters is that they are totally pure, naturally alkaline, micro-clustered, "anti-oxidant" waters.

Now you can enjoy the advantage of these "Miracle Waters" in the comfort and convenience of your own home. The Enagic water ionizer produces High Alkaline and Very Powerful Anti-Oxidizing Ionized Water called Kangen Water.

Micro-clustered water (5 molecule clusters versus 15 - 20) penetrates cellular walls 6x more efficiently. Micro-clustering dissolves and transports nutrients and oxygen for superior hydration, performance and endurance.

Alkaline (pH 9.5 versus pH 3.5 for Gatorade, which is 1 million times more acidic!) to flush out lactic acid and uric acid before you become tired and sore.

Super Antioxidants (2-3 times greater than cod liver oil) are very anti-inflammatory to restore muscles.

What causes an acid imbalance in the body?

Exhaustive research in the Biological Medical field has determined that the aging process is accelerated as acid levels in the bodily fluids like blood, urine and saliva rise. These elevated acid levels dramatically increase oxidation in the tissues. This combination of elevated acids and oxidation promotes the growth of bacteria, viruses, fungus, and cancer cells. The overgrowth of these pathogens accelerates the breakdown of healthy tissues. The acceleration results in a rapid increase in the biological aging of the body. Increased biological aging gives rise to disease and ultimately death.



The four major contributing factors behind an acid imbalance are:

- **Acid forming foods:** Regular consumption of highly refined foods, sugars, white flour, meat, alcohol, soda, and fried foods increase acid.
- **Stress:** Life stressors create an artificially high production of adrenaline which is a naturally acidic compound.
- **Exposure to toxic chemicals:** Many of the products that we routinely use to clean our bodies, our clothes and our homes contain significant concentrations of toxic chemicals. The chemicals are either taken into our lungs when we breathe or are absorbed through our skin.
- **Impure Water:** Regardless of its origin tap water is vulnerable to many different types of impurities. Chemical dumping, the run off of fertilizers, pesticides, herbicides, incomplete treatment of raw sewage and an overgrowth of microbes often cause our municipal water supplies to be a source of impure water.

How do excess acids impact my health?



In an optimally functioning body, the first mornings saliva would register at a pH 6.5 - 6.75, urine at 6.5 - 6.8 and venous blood at 7.3 - 7.35. Each day our bodies diligently strive to achieve and maintain those pH balances. If necessary our bodies will rob organ or muscular-skeletal tissues of nutrients to achieve these pH readings, slowly eroding our overall health.

How can I change my body's pH?

- *Employ daily stress reduction techniques like exercise, meditation and prayer.*
- *Eat a diet primarily composed of organically grown fruits and vegetables.*
- *Substitute non-toxic cleaning methods for harmful toxic cleaning chemicals.*



While each of these steps are important in making a positive change in your acid/ alkaline balance, the most significant and measurable change is the consumption of clean, Kangen, anti-oxidant water.

Kangen
Water
Solution

How does oxidation impact our body?

Oxidation is the process in which our body breaks down or "ages" biologically. Each cell in our bodies contains a combination of proteins, minerals and fats. As these cellular building blocks are exposed to oxidation, the fats become rancid, the proteins putrefy, and the minerals rust- all of which leads to decomposition. In other words, oxidation is truly systematic destruction of the body resulting in wrinkles, degeneration of bones, organs and glandular systems, a weakening of cellular membranes and a loss of vitality that can lead to disease and death.

What causes oxidation?

Free radicals are the cause.

We have all seen examples of oxidation in nature- metals rust, plants decompose, proteins like meat putrefy, and oils become rancid when exposed to free radicals.

Free radicals are all around. They are abundant in the air we breathe, the food we eat and the water we drink. They are even produced in your body as cellular waste.



How can oxidation be stopped?



Anti-oxidants are the only way to combat these components of metabolic destruction.

Independent research has demonstrated that drinking Kangen Water dramatically reduces the oxidation that causes biological aging.

What does this have to do with Water?

Since our bodies are composed of roughly 70 trillion cells which are primarily water, (from 76% - 98%) the water that we drink is the water that makes up these cells. Surprisingly, water can be one of the most corrosive substances we can ingest, yet it is essential for all life. That is why the quality of water we consume directly impacts our overall health.

Kangen Water contains large quantities of negatively charged ions that act as "anti-oxidants" in the body.


These anti-oxidants are measured and express as - ORP. The higher the negative number the greater the antioxidant potential of the water.

**Kangen Water contains
the greatest
anti-oxidant potential
of any water.**

Did you know that?

Enagic's Kangen Water Systems are manufactured with the highest quality standards in the industry. Enagic's units are compact, easy to move and to use, versatile and designed to last. They quickly and easily attach to any ordinary faucet.



Your body is composed of roughly 70 trillion cells which range from 76% - 98%) water, and most people are chronically dehydrated, leading to headache, arthritis, lethargy, constipation, insomnia, brain fog and more.  *Drinking the right water is the single most important element to achieve and maintain optimal health!*

Reasons You Should be Drinking Kangen Water:

- **Increases hydration**
- **Balances body pH**
- **Increases blood oxygenation**
- **Neutralizes free radicals**
- **Anti-Oxidizing**
- **Detoxifying**
- **Alkalizing**
- **Reduces obesity**
- **Boosts immunity**
- **Prevents hot flashes**
- **Prevents migraines**
- **Prevents prostate cancer**
- **Cleanses your intestine**
- **Relieves constipation**
- **Reduces skin dryness**
- **Reduces skin inflammation**
- **Increases vitamin absorption**
- **Increases mineral absorption**
- **Heals wounds faster**
- **Parasympathetic nervous system activation.**

Are you suffering from:



- Acid-reflux
- Indigestion
- High Blood Pressure
- High Cholesterol
- Diabetes
- Chronic Fatigue
- Nail Fungus
- Dermatitis
- Sore Throat
- Sinus Infection
- Influenza
- Asthma
- Heart Disease
- Gout
- Duodenal Ulcers
- Skin Problems/ Acne
- Food Poisoning - Constipation
- Osteoporosis

If you answered yes to one or more of the above - YOUR BODY MAY BE TOO ACIDIC!

Kangen Water
Solution

In Japan, research on functional water, especially on reduced water, is developing at a rapid pace. Japan is #1 in the world in leading health and lifespan. Reduced water such as electrochemically reduced water and natural reduced water can scavenge reactive oxygen species in cultured cells. Reduced waters are expected to have preventive and positive effects on oxidative stress-related diseases such as diabetes, cancer, arteriosclerosis, neurodegenerative diseases, and side effects of hemodialysis. It has been suggested that the active agents in reduced water are hydrogen (atoms and molecules), mineral nanoparticles, and mineral nanoparticle hydrides.

Kangen Water hydrates your brain in 30 seconds and hits your cells 6x faster than (normal) dead, unstructured water.

7 Types of Water so many benefits and uses:

STRONG KANGEN WATER 11.0 pH

Not for drinking. Strong Kangen Water preserves hygiene in your daily life due to its strong cleaning effect. It has dissolving and heat conducting benefits. Usage: food preparation and cleaning



- Food preparation
- Cleans oil based pesticides off fruits/veggies - Rice, Beans Legumes
- Seed Germination & Sprouting
- Agricultural Industry
- Deep cleaning - Stain Removal - Laundry
- Makeup Remover - Pink Eye
- Open Healing - Burns
- Infections - Stop Bleeding
- Kills candida - Chemotherapy Burns
- Migranes - Sinuses - Warts
- Bug Spray Repellent
- Sunburn - Pain - Bug Bites
- Inflammation - Swelling - Arthritis
- Muscle Soreness - Gout
- Soreness - Tissue Injuries
- Diabetic Ulcers
- Gangrenous Lesions
- Sore Throat, Strep Throat, Cough

STRONG ACIDIC WATER 2.5 pH

Not for drinking. Way beyond a water filter Kangen Water is Medical Grade Water and the 2.5pH is widely used to prevent the spread of infection (INCLUDING MRSA), for general household cleaning and washing of hands. For this purpose even Sheraton Hotels Worldwide has instituted the cleaning of its rooms with 2.5pH water instead of the expensive, deadly, toxic chemicals used today in most hotels and households



- Anti Bacterial - First Aid - Wound Care
- Oder Eliminator - Hand Sanitizer
- Disinfecting - Use for disinfecting anything
- Mouth Wash - Brush and Gargle Protocols to Resolve Periodontal Disease and Thrush - Prevent Root Canals
- Substitute for alcohol and chlorine solutions:
- In the food Industry strong acidic water is regarded as having EXCELLENT disinfecting properties
- Mould: It smells like a mild bleach but it doesn't destroy your hands or leave a toxic residue all over the place. It's basically a 'simply water' version of bleach.



7 Types of Water so many benefits and uses:

FOR DRINKING 8.5 - 9.0 - 9.5 pH

This type of water is perfect for drinking and healthy cooking. This electrolytically-reduced, hydrogen-rich water works to restore your body to a more alkaline state, which is optimal for good health.



- Drinking - No More Bottles water
- Hydrating Power - Anti-Oxidation
- Alkalinity - Alkalizing
- Increases Nutrient Absorption
- Tea - Soups & Stews - Prevents
- Constipation - Weight Loss
- Rehydrate Wilting Green - Pet's Health
- Supplement Protocols - Anti Aging
- Anxiety and Panic Attacks
- Blood Sugar/Blood Pressure
- Activates the Parasympathetic Nervous System
- Grey Hair - Spider Veins - Vision
- Chemotherapy - Drink the water with chemotherapy. The benefits are that side effects are lessened, it reverses metabolic acidosis, and the antioxidants are beneficially invaluable for the diseased body



BEAUTY WATER 6.0 pH

Not for drinking. This slightly acidic water is recognized for its astringent effects. It's terrific to use for gentle cleaning and beauty care. *pH is similar to rain water*



- Facial Toning, Lifting and Tightening
- Astringent - Toner - Moisturizer
- Hair Care Since & Shine
- Aftershave - Rashes/Diaper Rash
- Skin Inflammation - Skin Dryness
- Rashes - Bug Bites
- Pet's Care - Plant Care
- Replaces Windex - Glass Cleaner
- Dish Cleaner
- Freezing Food - Cooking Pasta



CLEAN NEUTRAL WATER 7.0 pH

Free of chlorine, rust and cloudiness. Neutral water is delicious drinking water. Usage: preparing baby food, taking medication.



- Everyday drinking water that is easily absorbed by your body.
- Medication: Take your medicine with this water.
- Cooking
- Baby Food & Formula